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Limiting Money Beliefs & How to Change Them

Everyone has beliefs about money. We have beliefs about everything. But unless you are already fully abundant and prosperous, there are probably some beliefs you'll want to change. Here are the top 25 beliefs to change to allow money to flow more freely into your life:

1. Money is difficult to come by.
2. Money is in limited supply.
3. The rich get richer and the poor get poorer.
4. Money is necessary to survive.
5. I can't make enough money doing what I truly love.
6. Success is difficult.
7. There isn't enough money to go around.
8. It is greedy to want an abundance of money.
9. It is unspiritual to want an abundance of money.
10. I don't deserve abundance.
11. I am not worthy of unlimited abundance.

12. If I create more money, someone will go without.
13. I can't trust money to come in exactly when I need or want it.
14. Just when some things go right, the other shoe will fall.
15. I may be able to manifest money sometimes but not all the time.
16. I don't deserve money if others are going without.

17. Money *solves* problems.

18. I need money and success to prove I am worthy.
19. The universe is not abundant.
20. Money can come to me only in very limited ways.
21. Money is difficult to create.
22. I am not capable of creating money out of thin air.
23. I am not smart enough to create money other than by winning it.
24. I can only create wealth through my job.
25. I can't love what I do and be well paid at the same time.

How to Change a Belief

Most of our beliefs (those beliefs that mess with our reality, anyway) are level two beliefs. These beliefs are far more impactful on our reality and far more ingrained in our subconscious than level one beliefs, which are fairly innocuous beliefs that generally don't even require changing.

Level two beliefs encompass all areas of life. These beliefs were given to us by our parents, our siblings, our grandparents, aunts, uncles, teachers and other authority figures like religious leaders and scoutmasters. Even society and the media have helped to form our beliefs about the world.

Note: There is a recorded version of this technique available at:

<https://www.livealifyoulove.com/changing-your-beliefs-guided-meditation/>

1. Write out or print the old and the new beliefs.
2. Get into a quiet space, and close your eyes. Have your list of old and new beliefs with you. Call upon your unseen friends (it doesn't matter if you don't know who they are) to assist. You can say:

"I call on my angels, higher self, guides and others who desire to help me successfully change these beliefs. Gently guide, protect and assist me please, with harm to none."

3. Imagine yourself in a beautiful place in nature. This place is serene, quiet and safe. Then imagine your unseen friends coming to be with you, surrounding you in a bubble of love and light. Take a few moments to close your mental eyes and feel the wonderful love and light. Feel the love, guidance and protection of your unseen friends. When you open your mental eyes you are surrounded in mist. And before you is a grand marble staircase. You, and your unseen friends, begin to walk up this staircase...up, up, up into the clouds.
4. At the very top of this staircase, you will be at the entrance to a city, which represents your subconscious mind. It could be modern or ancient. It could be a city in nature, with natural caves and carvings in the rocks. It could look like anything at all. It may change shape. Whatever it looks like it is perfect for you.
5. The king or queen of this city (your subconscious) will soon come to welcome you. Tell them you want to change your beliefs. They will look to your higher self for permission, and your higher self will nod its consent.
6. Follow the king or queen to the Building of Beliefs. Your higher self will join you. They will take you to the room in this building that holds your level two beliefs. You will enter a gigantic circular room, lined floor to ceiling with filing cabinets. There will be a ladder that slides around the room on a rail, to access the high drawers. You gaze around in amazement.
7. Tell them the first belief you want to change (it's OK to peek at your paper). They will go to a drawer, open it and pull out the belief. It is written out on an 8½ x 11 piece of cardstock.
8. You take the belief and bring it to a small table in the center of the room. On the table is a big, fat black marker. You take off the cap, and strike through the entire belief. You then rip it into tiny pieces, and place it into a silver bowl lying on the tabletop. Your higher self points a finger, and the belief bursts into flames, quickly extinguishing and leaving nothing, not even ashes, behind.

9. You take a clean, white piece of cardstock from a shelf underneath the table, and with a smaller black marker, write your new belief. Feel your hand shape each letter and say each and every letter in your mind as you write.

10. You hand the new belief to the king/queen and they deftly replace the belief.

11. You repeat this process with every belief you want to change.

12. When you are finished, thank your higher self and the king or queen. They will appreciatively accept your thanks.

13. And when you are ready, open your eyes.

14. Conscious mind follow-up: Write or type out only the new beliefs. Every day, for sixty days, read the new beliefs, with as much excitement and joy as you can muster. (If you skip a day, just add another day at the end.)

That's it!

Negative and Positive Beliefs

Money is difficult to come by.

Money is easy to come by.

Money is in limited supply.

Money is in unlimited supply.

The rich get richer and the poor get poorer.

The conscious creators get richer and the unconscious creators get poorer.

Money is necessary to survive.

Will is necessary to survive.

~~*Success is difficult.*~~
Success is easy.

There isn't enough money to go around.

There is more than enough money to go around.

It is greedy to want an abundance of money.

It is healthy to want an abundance of money.

It is unspiritual to want an abundance of money.

It is spiritual to understand money is energy.

I don't deserve abundance.

I do deserve abundance.

I am not worthy of unlimited abundance.

I am worthy of unlimited abundance.

If I create more money, someone will go without.

If I create more money, there will be more money in the world.

It is wrong to desire money.

It is human to desire money.

I can't trust money to come in exactly when I need or want it.

I can trust money to come in exactly when I need or want it.

Just when some things go right, the other shoe will fall.

Just when some things go right, everything else will fall in place.

I may be able to manifest money sometimes but not all the time.

I may not be able to manifest all the time but often enough to create abundance.

I don't deserve money if others are going without.

I do deserve money regardless of others creations.

Money solves problems.

Conscious creating solves problems.

I need money and success to prove I am worthy.

I need self-value and self-love to know I am worthy.

The universe is not abundant.

The universe is totally abundant.

Money can come to me only in very limited ways.

Money will come to me in infinite and unlimited ways.

Money is difficult to create.

Money is easy to create.

Money is difficult to create.

Money is easy to create.

I am not capable of creating money out of thin air.

I am capable of creating money out of thin air.

I am not smart enough to create money other than by winning it.

I am smart enough to create money in thousands of ways.

I can only create wealth through my job.

I can create wealth through unlimited avenues.

I can't love what I do and be well paid at the same time.

I can love what I do and be well paid at the same time.

**I truly hope you change your limiting
money beliefs.**

If you'd like to exactly how to consciously create money and anything else you can imagine, read [The Map—To Our Responsive Universe, Where Dreams Really Do Come True!](#)

Love,

Boni