

## A Gift For You ...

### Sample Intentions for Parents



#### **SAMPLE INTENTIONS FOR PARENTS:**

I intend to unconditionally love and support my child(ren) in the most loving, expansive, healthy and freeing way possible.

I intend to be the best example possible, of a loving, compassionate, caring, fun, passionate, successful, creative and happy human being possible for my child(ren).

I intend to be led to the best possible people, resources and nourishment to aid and assist in my child(ren)'s development physically, emotionally, mentally and spiritually.

I intend to have a deeply loving, trustworthy, honest, caring and fun relationship with my child(ren).

I intend to provide my child(ren) with the energies of safety, security, creativity, divinity, peace, prosperity, abundance, elegance, ease, health, joy, freedom, beauty, trust, wisdom and love.

I intend to be wise enough to know when to provide guidance and direction to my child(ren) and when to allow them to test their wings for themselves.

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### **SAMPLE INTENTIONS FOR PARENTS OF OLDER OR ADULT CHILDREN**

I intend for my child(ren) to find their autonomy and step out into the world with total confidence in themselves and their abilities to succeed brilliantly. I intend to aid them in achieving this in whatever way is most appropriate and beneficial.

I intend to deepen the loving, joyful and fulfilling relationship I have with my child(ren).

I intend to aid my child(ren) in the highest way I'm capable to live the lives they came here to live; with as much ease, elegance and joy as possible.

### **SAMPLE INTENTIONS FOR PARENTS OF CHILDREN GOING THROUGH A CHALLENGE**

I intend to support my child(ren) in only beneficial ways and to see them as the strong, loving, capable, creative and successful people they are.

I intend to aid my child(ren) in healing emotionally (or mentally or physically) and empowering themselves as much as possible.

I intend to be connected to my child(ren) in only healthy, loving and functional ways.